



Congressional Statistics, 2023

Old-Age (retirement), Survivors, and Disability Insurance (OASDI)—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

Table 1.
Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2023

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
Alaska	115,096	88,118	10,271	5,486	2,608	8,613	197,375	161,916	9,428	91,251
All areas ^c	67,076,966	50,147,679	7,365,987	3,796,684	1,984,227	3,782,389	118,527,109	95,546,840	6,512,823	53,508,012

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

Supplemental Security Income (SSI) is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

Table 2.
Number of recipients of federally administered SSI payments and total monthly payments, December 2023

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI ^a
	Total	By type			By age			Total	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Alaska	10,756	1,567	69	9,120	853	6,620	3,283	7,072	626	44	6,402	3,905
All areas ^b	7,425,331	1,160,789	63,886	6,200,656	983,169	4,039,319	2,402,843	5,292,598	632,748	47,283	4,612,568	2,504,566

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data.

a. Includes persons who are receiving both SSI payments and Social Security benefits.

b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

Social Security Administration

Office of Retirement and Disability Policy
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Idaho	395,451	304,542	39,255	19,648	10,566	21,440	696,690	572,622	35,153	318,926
1	219,730	170,682	21,323	10,836	5,678	11,211	387,512	319,533	19,350	178,026
2	175,721	133,860	17,932	8,812	4,888	10,229	309,178	253,089	15,803	140,900
All areas ^c	67,076,966	50,147,679	7,365,987	3,796,684	1,984,227	3,782,389	118,527,109	95,546,840	6,512,823	53,508,012

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	Total	By type			By age			Total	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Idaho	27,782	1,700	233	25,849	3,621	19,000	5,161	19,341	726	156	18,458	9,204
1	13,730	823	100	12,807	1,653	9,366	2,711	9,462	334	62	9,067	4,719
2	14,052	877	133	13,042	1,968	9,634	2,450	9,879	393	95	9,392	4,485
All areas ^b	7,425,331	1,160,789	63,886	6,200,656	983,169	4,039,319	2,402,843	5,292,598	632,748	47,283	4,612,568	2,504,566

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data.

a. Includes persons who are receiving both SSI payments and Social Security benefits.

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Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
Oregon	927,847	729,072	89,855	45,875	22,392	40,653	1,676,734	1,398,103	82,633	768,382
1	123,482	98,117	11,287	5,664	3,377	5,037	238,536	201,467	10,706	103,631
2	193,262	149,736	20,211	10,276	4,498	8,541	324,926	266,013	17,470	157,343
3	115,561	89,508	12,227	5,375	2,676	5,775	206,482	170,837	9,588	94,420
4	193,235	151,339	19,613	9,850	4,475	7,958	339,039	280,940	17,471	159,573
5	161,525	129,278	13,654	7,870	4,094	6,629	306,860	259,819	14,802	136,316
6	140,782	111,094	12,863	6,840	3,272	6,713	260,891	219,026	12,596	117,099
All areas ^c	67,076,966	50,147,679	7,365,987	3,796,684	1,984,227	3,782,389	118,527,109	95,546,840	6,512,823	53,508,012

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	Total	By type			By age			Total	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Oregon	81,774	9,511	558	71,705	8,196	50,998	22,580	58,383	4,801	387	53,195	27,461
1	10,775	1,838	66	8,871	867	6,416	3,492	7,710	995	46	6,669	3,542
2	16,281	1,321	117	14,843	1,771	10,559	3,951	11,558	520	82	10,956	6,062
3	16,608	2,967	97	13,544	1,588	9,060	5,960	12,123	1,751	58	10,314	5,187
4	16,949	1,291	119	15,539	1,550	11,276	4,123	11,910	531	87	11,292	5,985
5	9,841	909	61	8,871	996	6,494	2,351	7,033	443	41	6,548	3,194
6	11,320	1,185	98	10,037	1,424	7,193	2,703	8,050	561	74	7,415	3,491
All areas ^b	7,425,331	1,160,789	63,886	6,200,656	983,169	4,039,319	2,402,843	5,292,598	632,748	47,283	4,612,568	2,504,566

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Washington Congressional Statistics, 2023

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	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
Washington	1,452,551	1,135,608	138,248	70,765	40,729	67,201	2,749,221	2,295,964	132,554	1,203,519
1	106,739	85,719	7,745	5,387	3,514	4,374	218,387	185,987	10,803	91,682
2	172,430	138,673	14,037	8,167	5,143	6,410	330,464	281,553	15,546	147,424
3	172,414	132,271	18,093	8,954	4,836	8,260	319,883	261,958	16,650	140,197
4	145,677	110,298	16,455	7,125	3,813	7,986	255,911	208,567	12,541	115,907
5	173,914	130,665	20,689	8,625	4,456	9,479	308,429	250,047	15,483	138,277
6	192,957	153,493	17,412	9,350	5,086	7,616	359,626	302,946	17,155	161,891
7	103,338	85,194	7,731	4,253	2,682	3,478	219,018	191,546	8,721	90,614
8	132,540	106,200	10,466	6,345	3,833	5,696	265,804	225,005	12,531	111,620
9	109,486	85,781	10,025	5,010	3,525	5,145	207,011	173,745	9,370	91,471
10	143,056	107,314	15,595	7,549	3,841	8,757	264,688	214,610	13,754	114,436
All areas ^c	67,076,966	50,147,679	7,365,987	3,796,684	1,984,227	3,782,389	118,527,109	95,546,840	6,512,823	53,508,012

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		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Washington	134,978	18,358	864	115,756	13,189	79,906	41,883	98,523	10,713	632	87,178	39,613
1	7,250	1,810	55	5,385	548	3,623	3,079	5,083	1,133	41	3,908	1,808
2	13,211	2,099	78	11,034	1,081	7,657	4,473	9,357	1,180	54	8,123	4,079
3	15,256	1,386	117	13,753	1,561	9,826	3,869	11,534	814	83	10,638	4,532
4	16,507	1,308	103	15,096	2,800	10,012	3,695	12,087	598	83	11,405	5,055
5	18,787	1,179	88	17,520	2,071	12,710	4,006	13,750	613	59	13,078	5,899
6	15,295	1,286	89	13,920	1,203	10,069	4,023	11,179	681	59	10,438	4,791
7	11,286	2,626	63	8,597	506	5,510	5,270	8,017	1,653	45	6,319	3,416
8	6,514	926	45	5,543	695	4,007	1,812	4,735	532	35	4,168	1,756
9	15,802	4,249	112	11,441	1,162	7,049	7,591	11,433	2,638	84	8,711	4,060
10	15,070	1,489	114	13,467	1,562	9,443	4,065	11,348	872	86	10,390	4,217
All areas ^b	7,425,331	1,160,789	63,886	6,200,656	983,169	4,039,319	2,402,843	5,292,598	632,748	47,283	4,612,568	2,504,566

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